



SAFE ENVIRONMENTS & CHILD ABUSE KEY DISCUSSION POINTS TO BE ADDRESSED WITH CHILDREN MIDDLE & HIGH SCHOOL

1. You are created by God and your body is sacred and holy and is not an object for others to hurt and abuse.
2. Recognize advances and grooming techniques used by sexual abusers. These would include but are not limited to inappropriate gifts, photographs, trying to be alone with the youth, telling dirty and off color jokes, and excessive or unwanted hugs and touching.
3. Tell a trusted adult if you have been hurt, touched inappropriately, or placed in a situation that was wrong or threatening.
4. Trust your feelings and intuition about people and their intentions.
5. It is never your fault if someone hurts or violates you.
6. If you know someone who is being abused tell a trusted adult, even if it means breaking a confidence.
7. Be aware that strangers are not the only people that might hurt or abuse you. It is far more likely that a person known to you is a potential abuser. They might be a relative, teacher or even a friend.
8. Be aware of your environment. Try to avoid secluded areas and being alone with people that make you feel scared or uncomfortable.